

In brief

Logan

BRHD lists school year suggestions

The Bear River Health Department has released recommendations to help keep children safe as they return to school this year. About 80,000 Utah children need professional medical help each year because of an injury, and accidental injury is the No. 1 cause of death among children between 1 and 14 years of age, according to the BRHD.

To stay safe while traveling to and from school, BRHD recommends children should:

- Always wear a helmet when biking, skateboarding or riding a scooter.
 - Use crosswalks.
 - Learn safe routes to school by walking with parents before the first day of school.
 - Use child booster seats.
 - Wait for the bus to stop before approaching it.
 - Make sure traffic has stopped before crossing the street to board or exit a bus.
- BRHD also recommends safety measures for children while at school. Children should:
- Avoid wearing helmets, scarves, necklaces or purses while on playground equipment to avoid the risk of strangulation.
 - Avoid pushing or crowding around playground equipment.
 - Always follow school playground rules.

Utah

Officials propose drug testing at work

SALT LAKE CITY (AP) — A proposed drug testing program for state employees would be narrowly focused on workers with access to sensitive information, a spokeswoman for Gov. Jon Huntsman said.

"This really ought to be something that people are grateful that the state is being proactive about," said spokeswoman Lisa Roskelley.

The qualification came after a labor association accused the Huntsman administration of mounting a broad-scale attack on public employees.

The plan was unveiled at a legislative hearing Wednesday by the chief administrator over state agencies and a deputy for Attorney General Mark Shurtleff.

The random testing was offered as a way to combat identity theft — authorities say meth users were known to commit financial fraud.

The Utah Public Employees Association says there's scant evidence drug use is a problem in the broader work force. They say it's a solution looking for a problem — and part of a pattern of attacks on the civil service system.

Hiker lost footwear, self in mountains

PROVO (AP) — A woman stranded overnight in a canyon after losing her shoes was rescued.

Police and firefighters in Provo say the 21-year-old woman was hiking alone in a canyon of the Wasatch mountains.

The woman wasn't discovered until Wednesday evening after spending more than a full day in Slate Canyon.

Other hikers notified authorities by cell phone, and the woman was escorted out of the canyon.

She was dehydrated and had sun burn and was treated and released from a hospital.

Provo Fire Capt. Lynn Schofield said the woman couldn't explain how she lost her shoes and was "vague and confusing" about her predicament. She was found at the base of a cliff high up in the canyon, about 1,000 vertical feet above a trailhead.

"Everyone wants to know where her shoes are," Schofield said Thursday. "It's just one of those interesting things we get into every now and then."

Police: Pair doctor shopped for drugs

Wellsville couple faces numerous felony charges following arrest

By Matthew K. Jensen
staff writer

The Cache-Rich Narcotics Task Force arrested a man and woman Tuesday following an investigation that led authorities to believe the Wellsville couple was doctor shopping for drugs.

Logan City Police Capt. and

Task Force spokesperson Eric Collins said Dennis and Carmelle Cox, both 40, were served summons to appear in 1st District Court on second- and third-degree felony charges related to illegal possession of controlled substances, burglary and fraud.

Reports indicate the investigation of the couple began after a family member suspected Dennis Cox of taking her husband's painkillers on or around July 4.

Investigators obtained the prescription histories of both Dennis and Carmelle Cox and discovered an extensive medication use background on each.

"It looked like they were doing some doctor shopping," Collins

said.

Detectives also say they've learned Carmelle Cox has been obtaining a new prescription for painkiller drugs roughly every two weeks since November 2007, Collins added. She's now faced with 55 felony charges of falsely obtaining and possessing prescription drugs.

Police reports show Carmelle Cox is allegedly responsible for obtaining 41 prescriptions from seven different physicians — the equivalent of 2,100 pills.

Dennis Cox is charged with seven counts, including possession of a controlled substance. Cox pleaded guilty to similar charges in September 2007, when he was

charged with falsely obtaining and dispensing prescription drugs — a third-degree felony. He is scheduled to appear again in court on Sept. 8.

"Obviously their addiction led them to poor choices and that's where the burglary charge comes in," Collins said.

Carmelle and Dennis Cox were each charged with second-degree felony burglary — stemming from the July 4 incident.

"After reviewing the case with the county attorney, Det. Rob Italsano felt like they entered the (relative's) home with the intent to commit the theft," Collins added.

The Herald Journal could not reach the Cox couple for comment.

In our schools

Two and seven



Logan High School counselor Brandon Shaffer, left, helps Jason Mace change his class schedule Wednesday morning.

Eli Lucero/Herald Journal

New LHS semester schedule adds up to longer day with more classes

By Devin Felix
staff writer

Logan High School began its new seven-period schedule and instituted a new attendance policy this week, and administrators and teachers say the changes have gone smoothly so far.

"I thought we'd have more difficulty than we have," said Stuart Howell, an assistant principal. "So far, so good. I think it's been a fabulous day."

Under the new schedule, students attend seven classes each day and the school year

is divided into two semesters. Previously, the school year was divided into three trimesters and students had five classes per day.

Increasing the number of class periods per day also increased the amount of total time needed to transition between classes. That led to the Logan City School District lengthening the school day at the high school by 20 minutes. School now starts 15 minutes earlier than it has for years, at 7:40 a.m., and ends five minutes later, at 2:35 p.m.

Starting school 15 minutes earlier is a

challenge and will require some adjustment, especially for students who struggle to wake up in the morning, said science teacher Andrew Semadeni.

Semadeni said he expects the shorter class periods will enable students to focus more without getting distracted, but altering lessons to fit the shorter class time might be a challenge for some teachers.

Most teachers will now teach five classes a day, where they previously taught four, Howell said. Though the number of classes

See LHS on A8

Kanab highway crews find 1,200-year-old home site

KANAB, Utah (AP) — Surveyors clearing the way for a highway project came across an unexpected find: an ancient home site nearly 1,200 years old.

Pit houses aren't uncommon in Utah but archaeologists noted the one found just north of Kanab because it was so well preserved.

The home was found amid red sandy soil just east of U.S. 89 in 2006. Crews digging through the site finished their work last week.

The house measured about 13 feet across and included a hearth, storage containers and several broken pots.

The single-family home probably belonged to members of the Virgin Anasazi, a prehistoric culture that once lived along the Virgin River, according to Kevin Kitchen, a Utah Department of Transportation spokesman.

State officials said the site sat undisturbed just below the surface for centuries, extending several feet beneath the ground.

"What is so amazing about the site is the pristine condition it is in," said UDOT archaeologist Pam Higgins. "My adrenaline was through the roof."

Jody Patterson, a vice president for Moab-based Montgomery Archaeology, said a similar site was excavated a few years ago during a pipeline operation.

"The (new site) was extensive, but not unexpected," she said.

Archaeologists at the site along U.S. 89 also found rabbit and deer bones and stone drill bits probably used for making jewelry.

The items could provide clues about trading patterns among ancient people that once roamed the region.

Two Aggies attending GOP, Dem. national conventions

From staff reports

Two Utah State University students are attending the Democratic and Republican conventions this summer.

Sophomore Joseph Irvine will attend the National Republican Convention in Saint Paul, Minn., on Sept. 1 through 4, while senior Tabitha Lazenby will be in Denver for the Democratic National Convention, which starts Monday and runs through next week.

Irvine, of Mesa, Ariz., and Lazenby, of Kamas, will also attend the Washington Center's Presidential Nominating Seminar, which includes arriving a week before each convention to watch preparations and guest speakers. In addition, each student will take part in a fieldwork assignment,

convention receptions and party rallies.

The USU Honors Program will cover the students' costs at the seminars, which are offered through The Washington Center for Internships and Academic Seminars. The pair were selected for the trip based upon essays, goals, grade point averages and Honors course work. USU sent two students to similar seminars in 2004.

Irvine sees this opportunity as a beginning to his political career and as a chance to lobby for what he feels is most important. A management and information systems major, he plans on studying law after graduation.

Irvine was featured in News

See AGGIES on A8

Obituary

Glen Kohler

Glen Kohler, 78, of Smithfield, Utah, passed away suddenly Aug. 20, 2008, at his home.

He was born Oct. 8, 1929, in Providence, Utah, to Walter Kohler and Jane Cooper.

He grew up in Providence and attended school in Cache Valley. He married Beryl Lorg on Nov. 28, 1949, in the Salt Lake City LDS Temple.

For 35 years he was a skilled brick mason and took great pride in his work, but health issues forced him to find other employment. He then managed several mobile home parks in the Salt Lake Valley until he retired. He and Beryl moved to Smithfield in 2005 to be closer to their children and grandchildren.

He was the proud father of five children, 13 grandchildren and 19 great-grandchildren.

He was a lifelong member of The Church of Jesus Christ of Latter-day Saints. He and Beryl were temple workers in the Ogden LDS Temple. He always worked hard to have a very nice yard with many beautiful flowers. Later he was very crafty, and all his friends had custom key chains, dream catchers and later planters and bird houses decorated with stone, a skill he learned from his father.

He was preceded in death by his son, Wade, and his wife, Beryl, in May 2008. They are together again!

He is survived by his son, Ronald (Sherilyn) Kohler, three daughters, Deborah (Steve) Allen, Betty (Leland) Naylor and Terri (Aaron) Bowles; and two siblings, Dale (LaPrael) Kohler and Elaine (Ralph) Johnson.

A graveside service will take place at 1 p.m. Saturday, Aug. 23, 2008, in the Smithfield Utah Cemetery.

A visitation will take place from 11:30 a.m. to 12:30 p.m. prior to services at Allen-Hall Mortuary, 34 E. Center Street, Logan. Condolences and memories may be shared with the family online at www.allenmortuaries.net.

LHS

Continued from A3

they teach in a day has increased, the total amount of daily teaching time has decreased because of the shorter class periods and transition time, he said.

Semadeni said he expects the students will adapt well to the change. Incoming freshmen won't even notice because they're coming from Mount Logan Middle School, which has a similar schedule, he said.

Special education teacher Tashina Meaker said the new schedule will benefit her students. It allows them more periods in the day to attend both regular and special education courses, she said.

Having two more class periods made it seem that the day was "dragging," but senior Kyle Ramsey said he'd get used to the change.

Several factors led school and district officials to go to a semester schedule, including alterations to state graduation requirements. Administrators predict students will perform better academically by having core classes for the entire year; under the previous schedule, students only had key courses such as math and English for two of three trimesters

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Funeral notices

Elen B. Wheatley

FRANKLIN, Idaho — Elen Walker Burnett Wheatley, 89, passed away Aug. 19, 2008, in Logan, Utah, after a short illness.

Funeral services will be at noon Saturday, Aug. 23, 2008, in the Franklin Stake Center with Bishop Chad Womack conducting. Friends may call from 6 to 8 p.m. Friday at Webb Funeral Home, 109 E. Oneida, Preston, and from 10:30 to 11:30 a.m. Saturday at the stake center. Interment will be in the Franklin Cemetery. Condolences may be sent to the family at www.webbmortuary.com.

H. Spencer Falslev

NORTH LOGAN, Utah — Harold Spencer Falslev, 79, grandpa, dad and devoted husband, passed away Friday, Aug. 15, 2008, at Sunshine Terrace while recovering from brain surgery.

Spence was born June 8, 1929, to Marinus and Marjorie Francis Falslev. Funeral services will be at 1 p.m. Saturday, Aug. 23, at the North Logan Stake Center, 2750 N. 800 East, with Bishop Lige Palmer conducting. There will be a viewing from 10 a.m. to 12:30 p.m. prior to services at the church. Interment will be in the Logan City Cemetery. Arrangements are by Allen-Hall Mortuary. Condolences may be sent to the family at www.allenmortuaries.net.

Joyclyn Hobbs Perry Fisher

Joyclyn Hobbs Perry Fisher, 80, completed her journey here on Earth on Aug. 18, 2008, surrounded by her family. She is now in the presence of her Father in Heaven and was welcomed into the open arms of her eternal family.

Funeral services will be at noon Friday, Aug. 22, at the Smithfield North Stake Center, 155 W. 400 North. Friends and family may call from 6 to 8 p.m. Thursday at Nelson Funeral Home, 85 S. Main, Smithfield, and from 10:30 to 11:30 a.m. Friday prior to services at the church. Interment will be in the Franklin, Idaho,

each year. School leaders hope to create a system that will enable students more flexibility of schedule. The school now offers a "zero period" in the morning before first period, which students can choose to attend. During that time, from 6:50 a.m. to 7:35 a.m., jazz band and advanced placement English are taught, but Howell said the school plans to make more classes available in coming years.

The school plans to also offer additional classes after the traditional end of the school day as well, Howell said. Over the years, Logan High will begin to function similar to colleges, with classes offered from early in the morning until the evening, allowing students to fit schedules to their needs, he said.

"It gives students more possibilities, more choices," Howell said.

The school's new attendance policy also took effect Thursday. Howell said it seemed to be working so far, but it was too soon to tell for sure what effect it would have.

"The only students in the halls are the ones that are lost," said Principal Patt Hansen.

The policy will require students with unexcused absences and tardies to attend school on Saturday — at a cost of \$5 — to make up for the missed class time.

Joshua Leo Barnett
Insurance Agency
117 W. 100 E. Ste 112
Providence, UT 84332
(435) 750-0108
jlbarnett@earthlink.net
www.jlbarnettagency.com

Ryan Reed
Insurance Agency
2122 N. Main
North Logan, UT 84341
(435) 787-2470
www.ryanreed.com

Cemetery. Condolences may be extended to the family online at www.nelsonfuneralhome.com.

Death notice

Ashley N. Thompson

SARATOGA SPRINGS, Utah — Ashley Noelle Siler Thompson, 25, formerly of Logan, died Thursday, Aug. 21, 2008, in Saratoga Springs. Funeral services are pending under the direction of Allen-Hall Mortuary.

Card of thanks

Bennett family

The family of Chris and Martha Bennett would like to thank all the people that helped Martha and the family through their tough times. A special thank you to Dr. Welter and his staff, the Hospice staff, friends, family and all the wonderful people of Clarkston. We love and appreciate each and every one of you.

Chris Bennett
April and Thane Summers
Stan and Michelle Bennett
Justin and Jaci Bennett
and grandkids

Obituary policy

The price for obituaries and cards of thanks is \$5 per column inch. Obituaries are measured columns wide by inches deep, including photographs. All obituaries must be placed by a mortuary or in person by someone authorized to make payment or arrange billing. There is no charge for death notices placed by a mortuary. For more information, call The Herald Journal, 752-2121.

Aggies

Continued from A3

week and The Washington Post after creating a software program for his prep school's admissions lottery. At age 12, he started a computer repair business; today he owns a company that sells the admissions lottery software

Commodities

Grains

POCATELLO — White wheat 7.18 (steady); 11.5 percent winter 8.50 (up 22); 14 percent spring 9.10 (up 24); barley 8.60 (steady);

BURLEY — White wheat 6.90 (up 10); 11.5 percent winter 8.50 (up 23); 14 percent spring 8.92 (up 22); barley 9.50 (steady);

OGDEN — White wheat 7.58 (up 20); 11.5 percent winter 8.79 (up 30); 14 percent spring 9.38 (up 30); barley 9.24 (down 1);

PORTLAND — White wheat 8.40 (up 5); 11 percent winter 9.64-9.91 (up 22 to 19); 14 percent spring 10.58 (up 23); barley 225.00-225.00 (up 1.00 to steady);

NAMPA — White wheat cwt 12.60 (up 30); bushel 7.56 (up 18);

Livestock

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Extra pounds mean more insurance fees for Alabama workers

MONTGOMERY, Ala. (AP) — Alabama, pushed to second in national obesity rankings by deep-fried Southern favorites, is cracking down on state workers who are too fat.

The state has given its 37,527 employees a year to start getting fit — or they'll pay \$25 a month for insurance that otherwise is free.

Alabama will be the first state to charge overweight state workers who don't work on slimming down, while a handful of other states reward employees who adopt healthy behaviors.

Alabama already charges workers who smoke — and has seen some success in getting them to quit — but now has turned its attention to a problem that plagues many in the Deep South: obesity.

The State Employees' Insurance Board this week approved a plan to charge state workers starting in January 2010 if they don't have free health screenings.

If the screenings turn up serious problems with blood pressure, cholesterol, glucose or obesity, employees will have a year to see a doctor at no cost, enroll in a wellness program, or take steps on their own to improve their health. If they show progress in a follow-up screening, they won't be charged. But if they don't, they must pay starting in January 2011.

"We are trying to get to schools across the country. Lazenby, an international studies major, has studied in Nicaragua and Uganda and worked with Rotary International in Kenya. She participated in an in-depth study of ethnic and political conflict in Rwanda, which included a visit to the Kigali Genocide Memorial Museum. Lazenby plans to study immigration and public policy in graduate school.

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cial cows 48.00-58.50; canner and cutters 40.00-47.00; heavy feeder steers 87.00-106.00; light feeder steers 93.00-118.00; stocker steers 95.00-127.00; heavy holstein feeder steers 54.00-68.00; light holstein feeder steers 55.00-68.00; heavy feeder heifers 85.00-101.50; light feeder heifers 81.00-103.00; stocker heifers 89.00-114.00; slaughter bulls 45.00-75.50; stock cows 650-850/lb; stock cow/calf pairs 700-950/lb; Remarks: Feeder cattle, weigh cows and bulls selling on an active market.

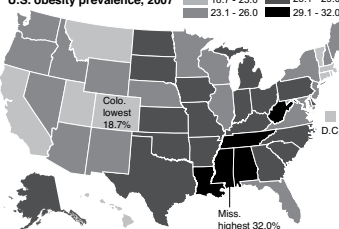
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Obesity more common in the South

The South is the nation's fattest region with three of the top five states reporting an obesity rate greater than 30 percent in 2007.



SOURCE: Centers for Disease Control and Prevention

individuals to become more aware of their health," said state worker Robert Wagstaff, who serves on the insurance board.

Not all state employees see it that way. "It's terrible," said health department employee Chequela Motley. "Some people come into this world big."

Computer technician Tim Colley already pays \$24 a month for being a smoker and doesn't like the idea of another charge.

"It's too Big Brotherish," he said.

The board will apply the obesity charge to anyone with a body mass index of 35 or higher who is not making progress. A person 5 feet 6 inches tall weighing 220 pounds, for example, would have a BMI of 35.5. A BMI of 30 is considered the threshold for obesity.

The board has not yet determined how much progress a person would have

to show and is uncertain how many people might be affected because everyone could avoid the charge by working to lose weight.

But that's unlikely — government statistics show Alabamians have a big weight problem. According to the Centers for Disease Control and Prevention, 30.3 percent are now obese, ranking the state behind only Mississippi.

E.-K. Dautin of Montgomery, a college professor and founder of Love Your Body, Love Yourself, which holds body acceptance workshops, said the new policy will be stressful for people like her.

"I'm big and beautiful and doing my best to keep my stress levels down so I can stay healthy," Dautin said. "That's big, not lazy, not a glutton and certainly not deserving of the pompous, poisonous disrespect served up daily to those of us with more bounce to the ounce."

TAKING STOCK

NAME	LAST	CHANGE
Alliant	106.13	-0.01
AutoIv	38.76	-0.41
AT&T	30.76	+0.07
BestBuy	44.34	+0.09
Citigrp	17.47	-0.02
Conagra	21.96	-0.30
CampSp	37.16	-0.30
Cisco	24.23	0.00
Convsys	14.35	+0.05
Dell	25.21	+0.24
DnlySon	26.64	-0.11
EMC	15.29	+0.11
GE	28.75	+0.10
Idacorp	30.42	-0.26
IBM	122.99	+0.48
JohnJn	71.28	+0.20
Lucent	2.55	0.00
Lazbyco	7.26	-0.17
Micron	4.68	-0.02
Microsoft	27.18	-0.11
Novell	5.91	+0.05
Nucor	52.33	-0.20
Oracle	22.30	-0.38
PepsiCo	69.39	-0.46
Qwest	3.68	0.00
UnionPac	77.98	+0.15
Questar	52.36	+1.07
TVWarner	15.51	+0.01
TTM	11.91	-0.25
WellsFg	28.44	-0.48
Walmart	58.50	+0.14
Yahoo	25.39	-0.52

Market watch

	Aug. 21, 2008
Dow Jones	+12.78
Industrials	11,430.21
Nasdaq composite	-8.70
2,380.38	
Standard & Poor's 500	+3.18
1,277.72	
Russell 2000	-6.35
725.25	

NYSE diary

Advanced:	1,371
Declined:	1,752
Unchanged:	91
Volume:	4.01 b

Nasdaq diary

Advanced:	878
Declined:	1,538
Unchanged:	89
Volume:	1.55 b

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